unbound medicine ®

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Tell us how you used Unbound Medicine's resources and tools in nursing school.

We had all of our nursing resources right on our phones or iPads. Any time a medication or a new term came up, I could look up that information right away. But we were also allowed to use it in clinicals and that's where it was really helpful.

What did you struggle with in clinicals?

Sometimes I would prepare for a patient the night before and then get to clinicals the next day only to find out that my patient had been discharged. I would have a new patient and I would have to learn everything about that patient and how to meet their needs in, like, five minutes. Having everything on

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my phone to do quick research to support my patients was so important.

How else was Nursing Central helpful?

[In school] having all of the info was a really big part of what I needed to know—but putting it all together and getting the bigger picture of what was happening to a patient and thinking critically—that's where it was really helpful. "The [app] provided all of the information that I needed and presented it in a way that made it easy to put together my mind maps for class. It helped me to see the bigger picture and how everything fits together."

You said you still maintain your app even though you've started your professional career. Why is that?

Currently, I'm on an acute medical ward where we see patients with acute illnesses like COPD, heart failure, diabetes and also complex cases that we don't see a lot like autoimmune diseases. Having the app with me at all times, I can quickly look up any of the diseases that I don't normally see or meds I don't administer a lot. I can be confident before giving a patient medicine because I can just double-check first.

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